## DIGITALLY EMPOWERED® HOW ADVOCACY GROUPS CAN HELP YOU

Patient Empowerment Network

**Program Resource Guide** 





**Patient advocacy groups** are organizations that can provide people with the support and resources they need for navigating life with serious conditions, such as cancer.

Patient advocacy groups are typically **non-profit organizations** which means that they do not make a business profit and are run by a board of directors to help them establish and meet their goals.

### **Common Goals of Patient Advocacy Groups**

- educational tools and resources so you can learn the basics of your cancer, information about treatment, and the latest research. Learning about your cancer can empower you to have a voice in your care decisions.
- Emotional Support: Focus on the mental aspects of living with cancer by providing access to support groups and help lines.
- **Fundraising**: Raise money for research.

- Financial Services: Resources that can assist people with billing and insurance questions and even help them find assistance programs to help pay for care.
- Disease Awareness: Bring attention and focus to patients and research by increasing disease awareness.
- Healthcare Advocacy: Advocate for positive changes to the healthcare system.

### Patient Advocacy Groups | What You Need to Know

- Patient advocacy groups provide disease support, information, and resources.
- Some organizations work to connect patients with peer support and helplines.
- Advocating for positive change and raising funds for research are the goals of many advocacy groups.
- Advocacy group websites should be easy to navigate, providing a wealth of useful information.
- Ask your healthcare team which advocacy groups they recommend as a good place to start.

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