



Office Visit Summary: Also called an after-visit summary, it is a document commonly given to patients following their medical appointments to keep track of what was discussed and to help guide future care.

Patient Portal: A secure, password-protected website that provides patients with 24-hour virtual access to their confidential health information from devices such as a personal computer or smartphone.

Telehealth: Also called telemedicine, telehealth allows you to participate in virtual visits with your healthcare team using your computer, tablet, or smartphone.

Functions of a Patient Portal

- View your medical records, including lab and test results.
- Review current medications and refill prescriptions.
- Schedule and cancel appointments.
- Complete check-in forms for office visits.
- Manage billing and payments.
- Update insurance information.
- View health education materials.
- Message your healthcare team.

Patient Portals | What You Need to Know



- **Most medical centers and clinics provide access to a patient portal.** If you don't have one, ask your doctor's office for help.



- The **dashboard is the home page of the patient portal** that allows access to all the functionality of the portal, including a navigation menu that highlights all of the features of your portal.



- You can review your medical records and test results anytime, allowing you to **track and monitor your health information virtually.**

- Use the patient portal messaging feature **to communicate with your medical team.** This is especially useful if you have a non-urgent question for your healthcare team.

- Since visits may sometimes be overwhelming, **the portal contains office visit summaries.** This will help you review what was discussed at your appointment.



- Enable notifications to **receive email and/or text reminders** about upcoming appointments and more.

- The patient portal often contains software for **telehealth visits, allowing you to have an appointment** in the comfort of your home using a webcam.

iamdigitallyempowered.org