USEFUL UNIVERSAL ICONS

🏠 Home

👤 Profile

⚙️ Adjust Your Settings

✉️ Mail

📎 Attach or Insert

👍 Like

📅 Calendar

✏️ Edit

••• More Options

💬 Comment

🔖 Bookmark

🔔 Notifications or Alerts

📍 Location

❤️ Love

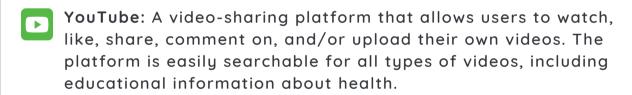# FORMING YOUR ONLINE DISEASE SUPPORT COMMUNITY: RESOURCE GUIDE

💻 YOUR GUIDE TO SOCIAL MEDIA NETWORKS

Facebook: Used to connect and communicate with family and friends. You can post comments, share photographs, watch short-form video, and post links to news or other interesting content.

Twitter: Allows users to send short posts, referred to as "Tweets," to their followers with a 280-character limit. Users can follow any number of people or organizations, and/or hashtags, to gain quick access to news and information.

Instagram: Users can share updates, photos, and videos to a network of friends and family. They can also interact with users they are following using likes and comments.

YouTube: A video-sharing platform that allows users to watch, like, share, comment on, and/or upload their own videos. The platform is easily searchable for all types of videos, including educational information about health.

🛡️ IMPORTANT ONLINE SAFETY REMINDERS

- It's important to remember that what you post online becomes your digital footprint and doesn't disappear. Be thoughtful about what you choose to share.

- If you receive a follow or friend request from someone you don't know, you can choose not to accept the request.

👥 ONLINE SUPPORT COMMUNITIES

- Cancer Support Community: cancersupportcommunity.org

- Living With Cancer: thisislivingwithcancer.com

- Patent Empowerment Network: facebook.com/power4patients